



MyCAF Profile

MyCAF Profile: Confidence

Your top 3 attributes are:

- Curiosity
- Enterprise
- Proactivity

MyCAF Profile: Relevance

Your top 3 attributes are:

- Storytelling
- Agility
- Proactivity

MyCAF Profile: Reflection

Your reflective statement:

Pro activity- i have goals in which i want to achieve, this helps to drive me and work hard to get where i want to be.

Resilience- through looking for internships and getting turned down most of the time I have

learned not to take things personally and to continue what I'm doing without failures getting in the way, apart from reflection.

Curiosity- trying to not be afraid to ask for something i want. For example when interning, asking to do a task which i think that i would be good at that wasn't necessarily set for me.

communication- i feel less confident about this as i often struggle with confidence and trying to network. I find it hard to start conversations and portray myself in the ways in which i would like.

my top three are related to my future careers as going into a tough career field often needs lots of effort when it comes to finding a job. However there are attributes such as connectivity which relate closely to my aspirations. I feel as though i am building on this skill but i need to work more on my communication over all.

Where do I want to be?

Creative Attribute 1

To be completed.

Creative Attribute 2

To be completed.

Creative Attribute 3

To be completed.

Revisit anytime:

[MyCAF Report.](#)